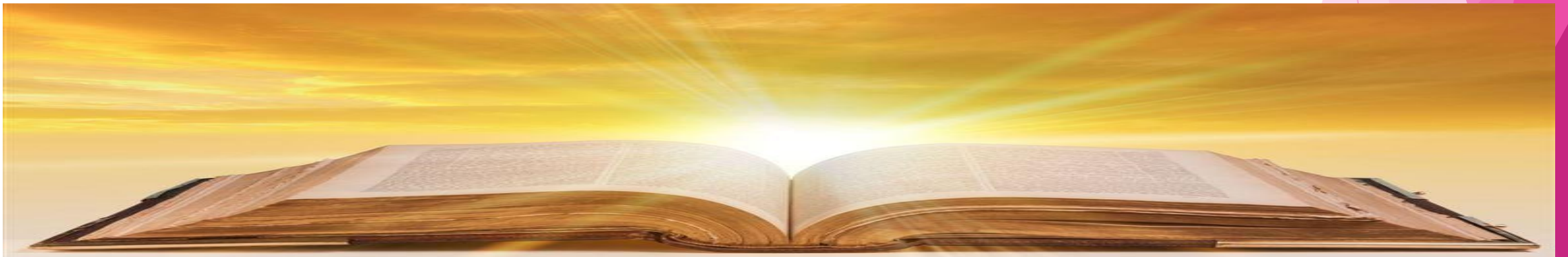
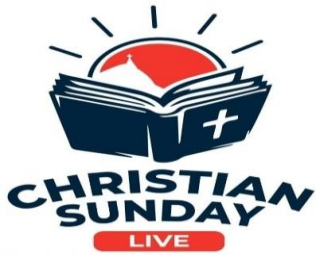




**CHRISTIAN
SUNDAY**
LIVE

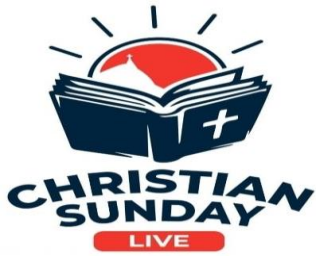
The Sanctification of Fasting Through Righteousness





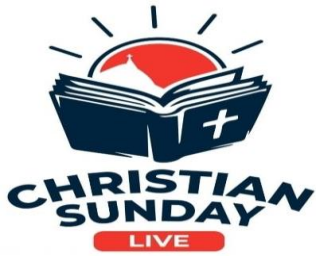
ANCHOR VERSE

- ▶ **Isaiah 58:3 (NIV):** "Why have we fasted,' they say, 'and you have not seen it? Why have we humbled ourselves, and you have not noticed?' Yet on the day of your fasting, you do as you please and exploit all your workers.
- ▶ **Isaiah 58:4 (NIV):** Your fasting ends in quarreling and strife, and in striking each other with wicked fists. You cannot fast as you do today and expect your voice to be heard on high."



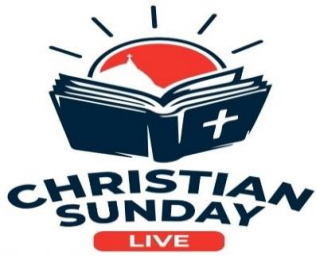
The Correct Doctrine of Fasting

- ▶ **Isaiah 58:1 (KJV)** Cry aloud, spare not, lift up thy voice like a trumpet, and shew my people their transgression, and the house of Jacob their sins.
- ▶ **Isaiah 58:2 (KJV)** Yet they seek me daily, and delight to know my ways, as a nation that did righteousness, and forsook not the ordinance of their God: they ask of me the ordinances of justice; they take delight in approaching to God.
- ▶ **Isaiah 58:3 (KJV)** Wherefore have we fasted, *say they*, and thou seest not? *wherefore* have we afflicted our soul, and thou takest no knowledge? Behold, in the day of your fast ye find pleasure, and exact all your labours.



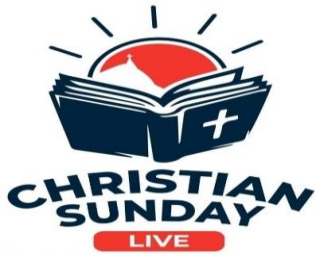
The Sanctification of Fasting Through Righteousness

- ▶ **Isaiah 58:4 (KJV)** Behold, ye fast for strife and debate, and to smite with the fist of wickedness: ye shall not fast as *ye do this* day, to make your voice to be heard on high.
- ▶ **Isaiah 58:5 (KJV)** Is it such a fast that I have chosen? a day for a man to afflict his soul? *is it* to bow down his head as a bulrush, and to spread sackcloth and ashes *under him*? wilt thou call this a fast, and an acceptable day to the LORD?



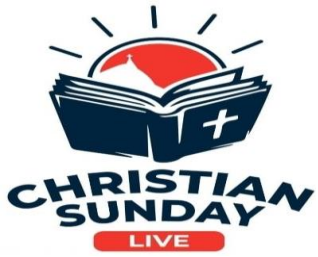
Misuse of Fasting

- ▶ **1 Kings 21:5 (KJV)** But Jezebel his wife came to him, and said unto him, Why is thy spirit so sad, that thou eatest no bread?
- ▶ **1 Kings 21:6 (KJV)** And he said unto her, Because I spake unto Naboth the Jezreelite, and said unto him, Give me thy vineyard for money; or else, if it please thee, I will give thee *another* vineyard for it: and he answered, I will not give thee my vineyard.
- ▶ **1 Kings 21:7 (KJV)** And Jezebel his wife said unto him, Dost thou now govern the kingdom of Israel? arise, *and* eat bread, and let thine heart be merry: I will give thee the vineyard of Naboth the Jezreelite.



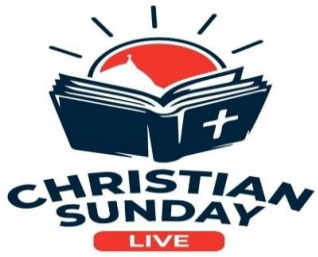
Misuse of Fasting

- ▶ **1 Kings 21:8 (NIV):** So she wrote letters in Ahab's name, placed his seal on them, and sent them to the elders and nobles who lived in Naboth's city with him.
- ▶ **1 Kings 21:9 (NIV):** In those letters, she wrote: "Proclaim a day of fasting and seat Naboth in a prominent place among the people."
- ▶ **1 Kings 21:10 (NIV):** But seat two scoundrels opposite him and have them bring charges that he has cursed both God and the king. Then take him out and stone him to death."
- ▶ **1 Kings 21:11 (NIV):** So the elders and nobles who lived in Naboth's city did as Jezebel directed in the letters she had written to them.
- ▶ **1 Kings 21:12 (NIV):** They proclaimed a fast and seated Naboth in a prominent place among the people.



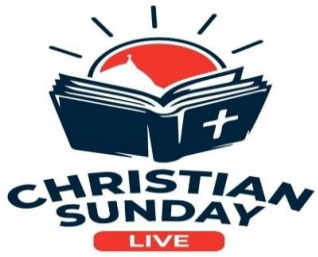
Misuse of Fasting

- ▶ **1 Kings 21:13 (NIV):** The two scoundrels came and sat opposite him and brought false charges against Naboth in the presence of the people, saying, "Naboth has cursed both God and the king." So they took him outside the city and stoned him to death.
- ▶ **1 Kings 21:14 (NIV):** Then they sent word to Jezebel: "Naboth has been stoned to death."
- ▶ **1 Kings 21:15 (NIV):** As soon as Jezebel heard that Naboth had been stoned to death, she said to Ahab, "Get up and take possession of the vineyard of Naboth the Jezreelite that he refused to sell you. He is no longer alive, but dead."



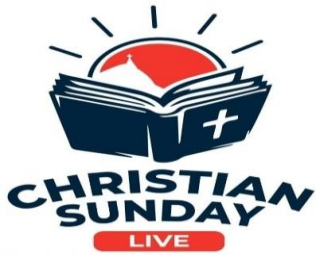
Fasting Recognized in Heaven

- ▶ **Jonah 3:1 (KJV)** And the word of the LORD came unto Jonah the second time, saying,
- ▶ **Jonah 3:2 (KJV)** Arise, go unto Nineveh, that great city, and preach unto it the preaching that I bid thee.
- ▶ **Jonah 3:3 (KJV)** So Jonah arose, and went unto Nineveh, according to the word of the LORD. Now Nineveh was an exceeding great city of three days' journey.
- ▶ **Jonah 3:4 (KJV)** And Jonah began to enter into the city a day's journey, and he cried, and said, Yet forty days, and Nineveh shall be overthrown.
- ▶ **Jonah 3:5 (KJV)** So the people of Nineveh believed God, and proclaimed a fast, and put on sackcloth, from the greatest of them even to the least of them.
- ▶ **Jonah 3:6 (KJV)** For word came unto the king of Nineveh, and he arose from his throne, and he laid his robe from him, and covered *him* with sackcloth, and sat in ashes.



Fasting Recognized in Heaven

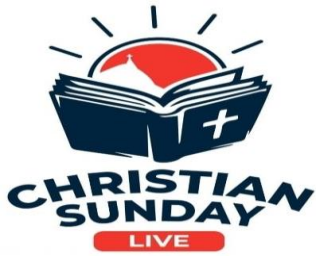
- ▶ **Jonah 3:7 (KJV)** And he caused *it* to be proclaimed and published through Nineveh by the decree of the king and his nobles, saying, Let neither man nor beast, herd nor flock, taste any thing: let them not feed, nor drink water:
- ▶ **Jonah 3:8 (KJV)** But let man and beast be covered with sackcloth, and cry mightily unto God: yea, let them turn every one from his evil way, and from the violence that *is* in their hands.
- ▶ **Jonah 3:9 (KJV)** Who can tell *if* God will turn and repent, and turn away from his fierce anger, that we perish not?
- ▶ **Jonah 3:10 (KJV)** And God saw their works, that they turned from their evil way; and God repented of the evil, that he had said that he would do unto them; and he did *it* not.



Righteousness Exalts

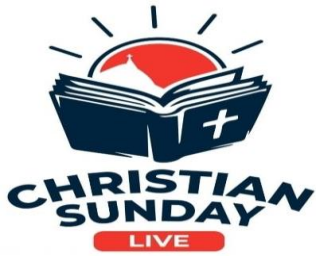
Proverbs 14:34 (KJV)

Righteousness exalteth a nation: but sin *is* a reproach to any people.



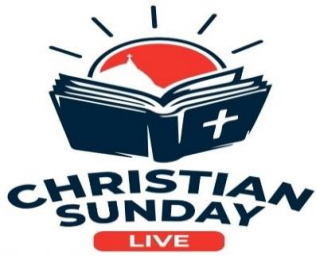
The Superior Spiritual Food : Moses and Elijah

- ▶ **Ezekiel 3:1 (KJV)** Moreover he said unto me, Son of man, eat that thou findest; eat this roll, and go speak unto the house of Israel.
- ▶ **Ezekiel 3:2 (KJV)** So I opened my mouth, and he caused me to eat that roll.
- ▶ **Ezekiel 3:3 (KJV)** And he said unto me, Son of man, cause thy belly to eat, and fill thy bowels with this roll that I give thee. Then did I eat *it*; and it was in my mouth as honey for sweetness.
- ▶ **Ezekiel 3:4 (KJV)** And he said unto me, Son of man, go, get thee unto the house of Israel, and speak with my words unto them.



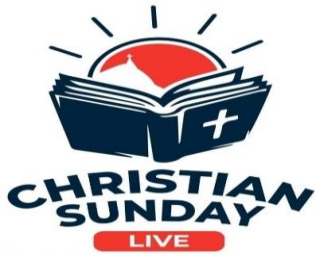
Fasting's True Purpose

- ▶ Psalm 35:13 (KJV) But as for me, when they were sick, my clothing *was* sackcloth: I humbled my soul with fasting; and my prayer returned into mine own bosom.



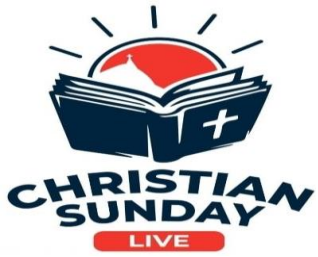
The Disapproved Fasting

- ▶ **Zechariah 7:3 (KJV)** *And* to speak unto the priests which *were* in the house of the LORD of hosts, and to the prophets, saying, Should I weep in the fifth month, separating myself, as I have done these so many years?
- ▶ **Zechariah 7:4 (KJV)** Then came the word of the LORD of hosts unto me, saying,
- ▶ **Zechariah 7:5 (KJV)** Speak unto all the people of the land, and to the priests, saying, When ye fasted and mourned in the fifth and seventh *month*, even those seventy years, did ye at all fast unto me, *even* to me?
- ▶ **Zechariah 7:6 (KJV)** And when ye did eat, and when ye did drink, did not ye eat *for yourselves*, and drink *for yourselves*?



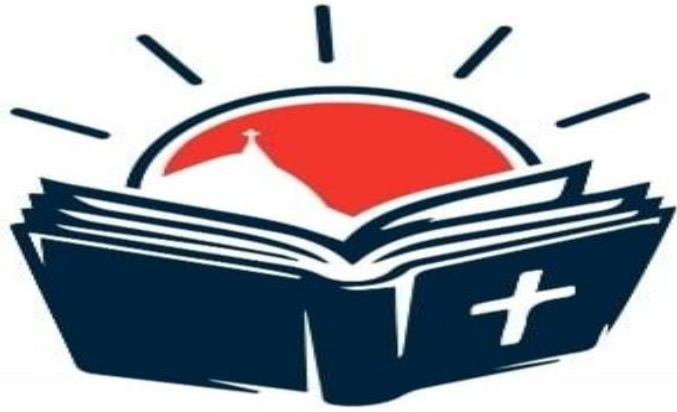
A Better Way

- ▶ **Zechariah 7:7 (KJV)** *Should ye not hear the words which the LORD hath cried by the former prophets, when Jerusalem was inhabited and in prosperity, and the cities thereof round about her, when men inhabited the south and the plain?*
- ▶ **Zechariah 7:8 (KJV)** And the word of the LORD came unto Zechariah, saying,
- ▶ **Zechariah 7:9 (KJV)** Thus speaketh the LORD of hosts, saying, Execute true judgment, and shew mercy and compassions every man to his brother:
- ▶ **Zechariah 7:10 (KJV)** And oppress not the widow, nor the fatherless, the stranger, nor the poor; and let none of you imagine evil against his brother in your heart.



The Consequences

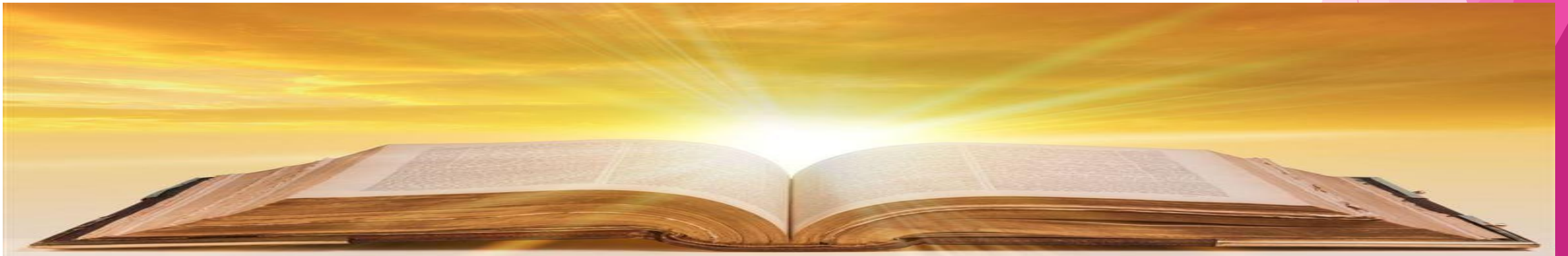
- ▶ **Zechariah 7:11 (KJV)** But they refused to hearken, and pulled away the shoulder, and stopped their ears, that they should not hear.
- ▶ **Zechariah 7:12 (KJV)** Yea, they made their hearts *as* an adamant stone, lest they should hear the law, and the words which the LORD of hosts hath sent in his spirit by the former prophets: therefore came a great wrath from the LORD of hosts.
- ▶ **Zechariah 7:13 (KJV)** Therefore it is come to pass, *that* as he cried, and they would not hear; so they cried, and I would not hear, saith the LORD of hosts:
- ▶ **Zechariah 7:14 (KJV)** But I scattered them with a whirlwind among all the nations whom they knew not. Thus the land was desolate after them, that no man passed through nor returned: for they laid the pleasant land desolate.



CHRISTIAN SUNDAY

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- ▶ God bless you for your participation in this episode of Christian Sunday!
- ▶ Please don't forget to subscribe and create an account for our daily messages from the Bible @ www.christiansunday.com





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See you in our next podcast.

- ▶ Remember to stay on the narrow path that leads to righteousness and Godliness
- ▶ Read your Bible, pray everyday if you want grow, obey the commandments of our Lord Jesus and shun evil companions!
- ▶ Remember God loves you!!!

